

Home Delivered Meal Listing

Nutrition Project: BCMW Nutrition Program
Contact: Stephanie Mellenthin / Sue Castleman
Phone: 618/532-7388 Ext# 130 or #112
Referral e-mail: Stephanie.m@bcmw-il.org & Sue.castleman@bcmw-il.org

Geographic Area served:	Delivery days:	Type:	Additional information:
Marion County	5 days a week (M-F)	Hot H.D. Meals	Centralia, Sandoval, Odin & Patoka
Marion County	4 days a week (M,Tu,Th,F)	Hot H.D. Meals	Salem & Kinmundy

Nutrition Project: CEFS Nutrition Program
Contact: Debbie Weber / Amy Ellis
Phone: 217/342-2193 Ext#119 or #115
Referral e-mail: dweber@cefseoc.org & aellis@cefseoc.org

Geographic Area served:	Delivery days:	Type:	Additional information:
Effingham County	5 days a week (M-F)	Hot H.D. Meals	Altamont, Dieterich, Effingham & Teutopolis.
Effingham County	4 days a week (M,Tu,Th,F)	Hot H.D. Meals	Beecher City
Fayette County Fayette County	5 days a week (M-F) 4 days a week (M,Tu,Th,F)	Hot H.D. Meals Hot H.D. Meals	Vandalia Ramsey
Clay County Clay County	5 days a week (M-F) 4 days a week (M,Tu,Th,F)	Hot H.D. Meals Hot H.D. Meals	Flora Louisville

Nutrition Project: Comprehensive Connections Nutrition Program Contact: Jan Wood / Lisa Curtis Phone: 618/242-7010 Ext #6 or #293 Referral e-mail: JanW@compconnect.org & LisaC@compconnect.org			
Geographic Area served:	Delivery days:	Type:	Additional information:
Jefferson County	5 days a week (M-F)	Hot H.D. Meals (Hot – Cold – Frozen)	Mt. Vernon
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