



Caring for your loved one but don't know where to start? Let Trualta help you on your caregiving journey!

- Explore options for challenging behaviors
- Discover ways to connect with your loved one
- Share and learn with fellow caregivers



Scan me with your camera to visit!

#CaregiverAndConfident







## Practical advice to care for your loved one.

Trualta's Caregiver Portal shows you how to manage aging at home.

Sign up today at: HeartlandHS.trualta.com

Contact Us to Learn More Phone: 217-347-7179 ext.1062 Email: tratliff@heartlandhs.org